



CARE LEAVERS
NATIONAL MOVEMENT

Budgeting



Buy what you need first

Making sure you have what you need is more important than getting a new shirt or game

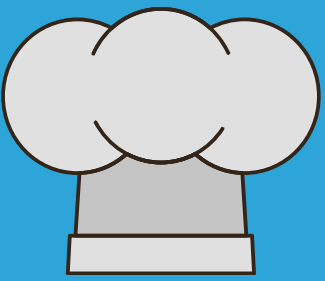
Don't always go for the branded things

Buying branded things such as Heinz beans or Birds Eye Fish Fingers is often more expensive with little to no difference than the cheaper options.



Bulk Cook

If you live on your own bulk cooking is definitely a money saver, instead of leaving the left over Spaghetti Bolognese in the fridge till it goes off, freeze and have it another day or week



Check to see if your getting what your entitled to

There are many different benefits available, some of them we might not be aware of Click the piggy bank to check what you should be getting.



NHP

Living connected and fulfilling lives