



**CARE LEAVERS**  
NATIONAL MOVEMENT

# Budgeting



## **Buy what you need first**

Making sure you have what you need is more important than getting a new shirt or game

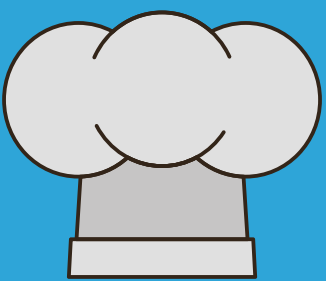
## **Don't always go for the branded things**

Buying branded things such as Heinz beans or Birds Eye Fish Fingers is often more expensive with little to no difference than the cheaper options.



## **Bulk Cook**

If you live on your own bulk cooking is definitely a money saver, instead of leaving the left over Spaghetti Bolognese in the fridge till it goes off, freeze and have it another day or week



## **Check to see if your getting what your entitled to**

There are many different benefits available, some of them we might not be aware of Click the piggy bank to check what you should be getting.



THE NATIONAL  
**HOUSE PROJECT**